

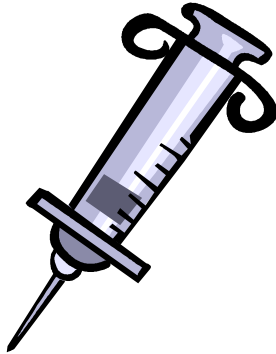
Caregiver

THE NEWSLETTER OF DRAKE MEDOX COMMUNITY HEALTH WORKERS

Volume 5, Issue 10

November 2008

FLU CLINIC INFO



There will be Flu clinics held at the Drake Medox offices during the weeks of November 17th and 24th.

Specific dates and times will be included in the next newsletter. Sign-up sheets will be posted in the office in the near future.

All staff are expected to receive a flu vaccine provided free of charge by Vancouver Coastal Health.

Remembrance Day



In Flanders Fields

By: Lieutenant Colonel John McCrae, MD (1872-1918)
Canadian Army

IN FLANDERS FIELDS the poppies blow
Between the crosses row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

November 11, 2008

Remembrance Day is a statutory holiday, and this year it falls on a Tuesday. Please remember only clients that get 7 day service are authorized to have service on Tuesday.

Always check with your scheduler if you are unsure about which client's are eligible for service on November 11th. Casual CHW's willing to work on the stat can notify the office ASAP. Regular CHW's wanting Tuesday off need to also inform their scheduler ASAP.

INSIDE THIS ISSUE

- 1 Flu Clinic Information
- 2 Remembrance Day, November 11th
- 3 Medications review continued
- 4 Flora away for November

DRAKE MEDOX COLLEGE REFERRAL FEES

Looking for innovative ways to earn cash for the Holidays?

Join our CHW's who have recently been paid a referral fee when 11 applicants were successfully registered with the College. Offering up potential candidates names for registration to Drake Medox College is a wonderful way to help address the increasing staffing needs of our aging population. All you need to do is give Vikki a call at the office any time between 8:30am and 4:30pm. The more referrals you make the more money you can earn!

BIRTHDAY WISHES FOR OUR FIELDSTAFF

OCTOBER

Merlina Atcha
Ofelia Calzada
Randy Finlayson
Tracy Flannigan
Evangeline Ghalamkari
Alan Gislason
Doreen Kellum
Abrehet Kinfu
Julia Li
Hong Mao
Nibes Oya an
Malkit Samrai

NOVEMBER

Asia Abella
Carnacion Alama
Naome Alfredo
Avelina Bernados
Andres Bernados
Zenaida Cabiling
Maria Cantillano
Dip Hoang
Debra Lee
Nenita Legaspi
Vanessa Magbanua
Francisco
Maldonado
Jennifer Nora
Zenaida Palarca
Emilynn Pineda
Delia Raet-gradek
Alberta Reyes

MEDICATIONS continued...

The following are the proper protocols to follow when the care/service plan indicates you are to assist a client with these tasks. Remember that you must be ACT trained before providing this care to clients who are able to direct their own care and for clients who are unable to direct their own care you must be indirectly or directly trained by one of our Nurse Supervisors.

Administration of Pre-measured Liquid/Crushed Meds:

1. Explain procedure to client
2. Wash hands
3. Obtain prepared liquid/crushed meds (you cannot pour the medication yourself)
4. Check client 5 rights
5. If instructed by FS crush meds and add to designated food or liquid. Administer pre-measured/crushed meds to client.
6. Watch while client takes medication
7. Document after medication taken (Notify office immediately if meds are out of order, missing from dosette, or client having difficulty adhering to a schedule)

Buccal Administration of Medications:

1. Wash hands/don gloves
2. Locate pre-drawn syringe of medication
3. Check client 5 rights
4. Make sure client is in upright position
5. Slide buccal syringe inside mouth along inside of cheek
6. Dispense amount slowly, dispose of syringe
7. Ensure all medication is given and client is comfortable
8. Remove gloves/wash hands
9. Document after medication taken (Notify office immediately if meds are out of order, missing from dosette, or client having difficulty)

ACT TRAINING

If you have not already done so, please make sure you sign up for the next available ACT Training Program. This training runs for 3 consecutive weeks on either Tuesday evening or Thursday afternoons. All staff must attend this training so be sure to register today. If you aren't planning to visit the office soon call Nancy and she will add your name to the applicable registration sheet.

CARING AND LEARNING
TOGETHER ADVANCED EDUCATION
BATHING STRATEGIES AND
TECHNIQUES

It's not too late to sign up for the November 12th session, 1-4pm, being held at George Pearson Centre, classrooms 1 & 2, 700 West 57th Avenue, Vancouver.

Interested CHW's must have already taken the Basic Caring and Learning before registering. The signup sheet is located on the bulletin board in reception area.

REMINDER



Flora will be away all of November. All calls should be directed to Nancy during Flora's time away.

ABC's of Self Defense

continued...

- A*** Always Make Eye Contact
- B*** Be Calm
- C*** Communicate with Confidence
- D*** Don't Put Yourself in a Worse Situation
- E*** Environment Can Create Opportunity
- F*** "Fire" is Better than Help
- G*** Get Away, Don't Try to Win, Just Get Away

STREET SAFETY

- *Be aware of your surroundings at all times*
- *Keep your hands free while walking, avoid carrying lots of objects*
- *Avoid walking in dark or quiet streets*
- *Walk with a purpose at all times*
- *Walk in well lit and heavy traffic areas*
- *Carry a pen or keys in your hands that can be used as a weapon*

TRANSPORTATION SAFETY

- *Check the back seat of the car before entering any vehicle*
- *Lock doors and keep windows up while parked*
- *Always park in well lit areas*



Ideas, comments, thoughts drop a note marked Caregiver 4